

What is Prolistem?

Prolistem is considered the gold-standard treatment for men struggling with non-obstructive azoospermia (Primary testicular failure) before micro-TESE, significantly enhancing success rates by at least 25%.

How Prolistem works?

Prolistem treatment is a six months course, divided into three stages. Stage-1 and Stage-2 of the Prolistem treatment focuses on increasing the number of spermatogonial stem cells, and promote differentiation into the next stages of sperm production by naturally lowering testosterone levels and increasing growth factors that promote their growth.

Stage-3 of the Prolistem treatment designed to enhance sperm count, motility, and quality. During this phase, testosterone levels are restored to normal to facilitate healthy sperm production.

SIX MONTHS COURSE



ONE YEAR COURSE

Patients with Sertoli Cell Only (FSH >30 mIU/mL) or who undergo two or more unsuccessful biopsies are recommended to take a one-year course treatment.



How to use?

- The treatment course is six months and is divided into three stages: begin with Stage-1 (for 1 month), proceed to Stage-2 (for 2 months), and finish with Stage-3 (for 3 months). For a one-year course double each stage (Stage-1 for two months, Stage-2 for 4 months, Stage-3 for 6 months).
- Each bottle of Prolistem contains 90 capsules, intended to be consumed over 30 days at a rate of 3 capsules daily. Distribute the capsules throughout the day by taking one after each meal (breakfast, lunch, dinner).
- It is crucial to continue the treatment without any interruptions.
- Stages 1 and 2 are designed to lower testosterone levels and should not be taken concurrently with other treatments that may influence hormonal balance.
- Do not take Prolistem with any other fertility treatments or supplements.
- Store at room temperature, in dry and dark place.

What to do after finishing the course?

- In most cases, don't expect to find sperm before finishing the full course, even-though you can start performing monthly sperm tests after finishing the first bottle of Stage-3.
- After finishing the full course, if no sperm can be found in the semen, you must perform a micro-TESE within two months.

Success Rates:

- Clinical studies have indicated a success rate of 23% to find sperm in semen, or 25% increase in successful micro-TESE procedures.
- In many cases of azoospermia the sperm presence in semen tests can fluctuate, potentially leading to missed detection. For enhanced accuracy we recommend incorporating SpermSure - home collection kit for sperm cycle identification, after finishing the first bottle of Stage-3 (www.spermsure.com).
- Non obstructive azoospermia is a complicated, multiparameter syndrom, therefore we do NOT guarantee positive outcome after the Prolistem treatment.

WARNING: Consult a medical professional before taking any supplement. If you have any medical conditions such as, high blood pressure, heart condition, or are on anti-depressants, consult your physician before taking. Not recommended for anyone under 18 and over 65 years of age. If any unusual side effects occur, stop taking Prolistem and contact your physician